

balmy | FORESTA

Where Luxury Meets Nature

FACT SHEET

2025

www.balmyhotels.com



GENERAL INFORMATION

Official Category	5 Star
Catalogue Category	5 Star
Concept	Luxury Ultra All Inclusive
Year of Construction	1989
Year of Renovation	2025
Total Number of Rooms	346 (4 panoramic lifts, 5 floors in the main building)

LOCATION

Directly on the Beach	29 km to Antalya City
1 km to Beldibi Village center	40 km to Antalya Airport
18 km to Kemer Downtown	

CONTACT INFORMATION

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Welcome to Balmy Foresta

Exciting news for 2025! Foresta Hotel will be welcoming its guests within the Balmy Hotels group under the name of Balmy Foresta. Nestled between the sparkling Mediterranean Sea and the majestic Taurus Mountains, Balmy Foresta offers a sanctuary of luxury, tranquility, and unforgettable experiences. Our newly renovated 5-star resort is more than just a getaway; it's a gateway to extraordinary moments, where every detail has been crafted to ensure that your holiday is nothing short of spectacular.

Indulge in world-class dining, where the freshest local ingredients meet internationally inspired flavors, or unwind by our stunning pools with refreshing cocktails served to your sunbed. Whether you're seeking adventure, relaxation, or family fun, our diverse array of activities, from water sports to exclusive spa treatments, ensures that there's something for everyone.

With elegant accommodations designed for your ultimate comfort, breathtaking views, and personalized service that goes above and beyond, Balmy Foresta is the perfect destination for those who want to experience the best of Turkish hospitality. Come and create memories that will last a lifetime at a resort that feels like your personal paradise.



Savor the Freshness

We work hand-in-hand with local farms, vineyards, and fishermen to complement our homegrown ingredients with the finest meats, seafood, and artisanal products. Our chefs blend these exceptional ingredients to create a symphony of flavors—perfectly grilled meats, delicately spiced seafood, and melt-in-your-mouth mezes, all inspired by both Turkish traditions and international influences.

From the tender vegetables picked at their peak to the fragrant herbs that infuse every dish, our cuisine offers an unforgettable feast that celebrates nature's bounty. Whether you're enjoying a leisurely breakfast, a lavish lunch, or a gourmet dinner, each meal at Balmy Foresta is an invitation to savor the freshest, healthiest, and most flavorful dishes imaginable.

LUXURY ULTRA ALL-INCLUSIVE PACKAGE

At **Balmy Foresta**, we redefine all-inclusive with an experience that indulges all your senses. From sunrise to late into the night, we offer an extraordinary selection of culinary delights and refreshing beverages that cater to every taste.

- ◆ **Welcome Cocktail on Arrival:** Start your stay on the perfect note with a refreshing welcome cocktail, designed to set the tone for your luxurious getaway.
- ◆ **Breakfast, Lunch, and Dinner:** Enjoy a rich buffet in our La Noblesse main restaurant, complete with a fresh juice bar and an array of local and international dishes. Special dietary, vegan, vegetarian options are available upon request to ensure every guest is catered for.
- ◆ **Breakfast:** 07:00-10:30
- ◆ **Lunch:** 12.30-14:30
- ◆ **Dinner:** 19:00-21:00
- ◆ **Ania Restaurant:** Open 24 hrs-A La Carte-All day Restaurant.
- ◆ **Garden House Restaurant:** 12:30-17:00-A La Carte Lunch & Snacks-Vegan-Gluten-free menu available.
- ◆ **Ice-Cream Bar at the Tent:** 12:00 –17:00. Cool off with a variety of high-quality soft-serve ice creams and seasonal gelato, paired with assorted sweets, waffle with toppings.
- ◆ **Patisserie:** Open 24hrs, Indulge in freshly baked international and traditional Turkish pastries, cookies, and cakes, accompanied by freshly brewed coffee and a selection of healthy, indigenous teas.
- ◆ **24-Hour Room Service:** For those moments when you'd rather enjoy the comfort and privacy of your room, our 24-hour room service is at your disposal. Whether it's a late-night snack or a full meal, you can indulge in a delicious selection of dishes without stepping outside. Available for a small charge, allowing you to relax and dine at your leisure, anytime, day or night.
- ◆ **Balmy Refreshers:** Enjoy refreshing fruit juices and cocktails served right to your sunbed at the beach or pool at select times during the day.
- ◆ **Food Festivals and Special Events:** Be part of our exciting culinary calendar, which includes themed food festivals and special dining events, designed to celebrate flavors from around the world.



A Culinary Journey at Balmy Foresta – Where Every Meal is a Celebration

At Balmy Foresta, dining is more than just a meal – it's an experience that awakens your senses and brings the world to your plate. Our five exclusive A'La Carte restaurants, each offering a distinct and delectable cuisine, ensure that every night feels like a celebration. Whether you're in the mood for a romantic dinner or a family feast, our carefully designed menus and stunning atmospheres invite you to embark on a culinary journey that's truly unforgettable.



Ala Carte Restaurants

- ◆ **Ania Restaurant:** Open 24 hrs-A La Carte-All day Restaurant. Indulge in the flavors of the Mediterranean in a charming al fresco setting, perfect for a relaxed yet refined dining experience. In addition to the freshest seafood and vibrant salads, savor our wide selection of homemade pasta and rich, flavorful sauces, made daily to bring authentic Mediterranean comfort to your plate. This restaurant offers an inviting atmosphere where the warmth of Mediterranean cuisine meets exceptional service. Reservation is required for dinner (19:00-21:00)
- ◆ **Tent Fish & Seafood Restaurant:** 19:00-21:00, Indulge in the freshest catch of the day, expertly prepared to highlight the best flavors of the sea. The Tent offers a sophisticated yet relaxed dining experience, where every bite transports you to the shores of the Mediterranean.
- ◆ **Turkish Cuisine at Garden House:** 19:00-21:00, Experience the rich and diverse flavors of traditional Turkish cuisine in an opulent setting. From perfectly spiced kebabs to delicate mezes and decadent desserts, **Turkish Restaurant** immerses you in the vibrant culinary heritage of Turkey.
- ◆ **Wao Chinese Restaurant:** 19:00-21:00, (W/Cover charge): Take your taste buds on a journey to the Far East at Wao, where authentic Chinese dishes are prepared with fresh, high-quality ingredients. Whether you're craving dim sum, stir-fried noodles, or sizzling Peking duck, this is the perfect spot for those who want to explore exotic flavors.
- ◆ **Steak & Ribs at Garden House:** 19:00-21:00, (W/Cover charge): For lovers of fine cuts and flame-grilled perfection, Steak Restaurant offers a premium steakhouse experience. Savor juicy steaks, succulent ribs, and perfectly paired sides in a sophisticated yet welcoming environment that's perfect for special occasions or just treating yourself.

Handcrafted Cocktails

- ◆ At Balmy Foresta, we take mixology to new heights with our selection of handcrafted cocktails that are truly one-of-a-kind. Each cocktail is a masterpiece, expertly crafted by our talented mixologists who blend the finest spirits with fresh, locally sourced ingredients. From vibrant fruit peels and aromatic wildflowers to exotic spices, every element is thoughtfully chosen to create a flavor experience that is both sophisticated and unique.

Bars

- ◆ **Piano Bar:** 24 hrs, Savor our barista-crafted specialty coffees and teas, where each cup is a treat for the senses, this elegant bar is open around the clock, offering a refined ambiance where you can enjoy classic cocktails, premium spirits, and smooth piano melodies, day or night. Savor our barista-crafted specialty coffees and teas, where each cup is a treat for the senses. Enjoy the rich, aromatic flavors of freshly brewed vanilla or raspberry coffee, or indulge in a smooth latte. Our selection of healthy, indigenous teas is also available for those seeking a refreshing alternative.
- ◆ **Tent Beach Bar:** Sip on refreshing cocktails as you watch the sky transform into shades of orange and pink. Located right on the beach, this bar is the ultimate destination for those who want to savor the magic of a Mediterranean sunset with a drink in hand.
- ◆ **Balmy Pool Bar:** Renewed in 2025; Cool off with an ice-cold beverage while lounging by the pool. From tropical cocktails to chilled wines and mocktails, our Pool Bar offers everything you need to make your poolside relaxation complete.
- ◆ **Villa Pool Bar:** Exclusively for our villa guests, this bar provides a serene and intimate setting where you can unwind with a refreshing drink in hand, surrounded by the soothing sounds of nature and water.
- ◆ **Bavarian Bierhaus:** Experience a taste of Germany with our Bavarian Bierhaus, where the finest beers are served in a lively, casual setting. Enjoy an array of international brews, making it a perfect spot for beer lovers.
- ◆ **The Shamrock:** Irish Pub is a culmination of the vision and passion bar bring a true taste of authentic Irish hospitality. You'll immediately feel immersed in its traditions, and experience what a true Irish pub feels like. And above all, you can be sure there will always be a warm Irish welcome at The Shamrock.
- ◆ **Mini Bar:** Replenished daily with water and soft drinks, so you're always refreshed.
- ◆ **In-Room Coffee and Tea:** Enjoy the convenience of coffee and tea in your room, replenished daily, ensuring you can unwind whenever you like.

Please note: In accordance with local laws, alcoholic beverages are not served to guests under the age of 18.



BEACH & POOLS

Relax and unwind on our stunning **sandy and pebble stone beach**, opening in April, where you can bask in the sun and enjoy the crystal-clear waters of the Mediterranean. *(Opening in April, subject to weather conditions.)*

- ◆ **Activity Pool:** 1400m³, with a depth of 140 cm, perfect for lively fun in the sun.
- ◆ **Relaxing Pool:** 200m³, with a depth ranging from 140 cm to 170 cm (+16), heated during spring and autumn for year-round comfort (01.04-15.04 & 15.10-31.10).
- ◆ **Children's Pool:** 5m³, with a child-friendly depth of 50 cm for the little ones to splash around safely.
- ◆ **Villa Pool:** 140m³, exclusively for villa guests, offering private luxury with a depth of 140 cm.
- ◆ **Indoor Pool:** 150m³, with a depth of 160 cm, providing a serene retreat during cooler months (01.11-15.04).
- ◆ **Slides Pool:** Thrill-seekers can enjoy the excitement of 3 water slides, designed for adults and teens (ages 12+), with a pool depth of 100 cm.



ENTERTAINMENT & SPORTS – FUN FOR EVERYONE

At Balmy Foresta, we offer a variety of daily sports and entertainment activities for guests of all ages, ensuring endless excitement throughout your stay:

- ◆ **Live Music & Shows:** Enjoy vibrant performances, including live music, animation, and dazzling live shows that keep the energy high.
- ◆ Beach volleyball, basketball, tennis, table tennis, mini football, mini golf, water polo, badminton, boccia, backgammon, card games, darts, billiards, shuffleboard
- ◆ **Water Aerobics:** Boost your strength and cardiovascular health with this low-impact, joint-friendly exercise.
- ◆ **Aqua Balance:** Enjoy the soothing and rejuvenating benefits of water-based balance exercises that strengthen your body and calm your mind.
- ◆ **Night Club:** Dance the night away at our exclusive nightclub, open from 23:00-01:00
- ◆ **Buddy Kids Club:** 10:00-22:00, catering to children aged 4-12 with activities like kids' animation, mini disco, adventure playgrounds, and a special **Kids' Welcome Package**. (Babies and toddlers under four are welcome under parental supervision.)
- ◆ **Escape Teenage Club:** 10:00-22:00, offering console games, billiards, computers, a lounge, and a game room for teens aged 13-17. (Free of Charge)



FITNESS CENTER & WELLNESS

Achieve a perfect balance of health and relaxation with our state-of-the-art Fitness Center, featuring a wide range of cardio and weight machines, treadmills, ellipticals, bench presses, free weights, and spin bikes. Participate in daily fitness classes led by professional instructors, offering stretch, yoga, Pilates, step aerobics, total body workouts, TRX, water gymnastics, and SUP yoga.

ACTIVITIES & WORKSHOPS

Explore new passions and learn new skills through our exciting workshops:

- ♦ **Stand Up Paddleboard (SUP):** Strengthen your core and enjoy the calming waters with this exhilarating water activity. Free lessons are available, with additional charges for advanced training.
- ♦ **Creative Workshops:** From cocktail-making to healthy teas, natural incense crafting, wood printing, clay sculpture painting, face yoga, and sound meditation, these workshops offer hands-on experiences to enrich your stay.



GOLDEN AGE CIRCLE – WELLNESS FOR SENIORS

At **Balmy Foresta**, we believe in creating a joyful and fulfilling experience for every guest. Our **Golden Age Circle** is designed to meet the social and emotional needs of seniors, offering a variety of activities tailored to enhance well-being:

- ◆ **Tai Chi:** Improve balance, coordination, and mental clarity while reducing stress.
- ◆ **Age-Specific Strength Training:** Focus on muscle strength, bone health, and balance.
- ◆ **Art Activities:** Boost mental sharpness, reduce stress, and foster social interaction.
- ◆ **Gardening:** Connect with nature through stress-reducing physical activity.
- ◆ **Cognitive & Problem-Solving Games:** Stimulate the mind with engaging activities.
- ◆ Our **Timeless Table** program offers delicious, tailored meal options designed with seniors' dietary needs in mind, while our **Ageless Comfort** rooms ensure restful sleep with features like blackout curtains, lavender-scented amenities, orthopedic pillows, and sleep transition aids.

CELEBRATION FOR EVERYONE

Celebrate Your Love in Unmatched Luxury: Whether you're planning a romantic proposal or a dream wedding, our exclusive **Wedding Proposal & Wedding Packages** are designed to turn your special day into a fairytale. Indulge in the magic of the moment with our enchanting **Candlelight Dinners**, set in the most intimate of settings. Let our expert Guest Relations team craft a personalized experience that you and your loved one will cherish forever. **Create unforgettable memories in paradise, where every detail is designed with you in mind.** *(Additional charges apply.)*



OTHER FACILITIES & SERVICES FREE OF CHARGE

- ◆ Nurse Service
- ◆ Complimentary WI-FI in the hotel
- ◆ Turkish Bath, Sauna
- ◆ Outdoor car park

SERVICES WITH CHARGE

◆ Cabana: “Your Private Oasis by the Sea – A Day of Luxury and Indulgence Awaits”

Step into your private beachfront cabana and experience the ultimate in comfort and relaxation. From the moment you arrive, enjoy personalized service and a luxurious menu of treats to elevate your day. Champagne, fresh juices, fresh fruits, lunch and snacks, cookies, pastries, hand crafted cocktails, and a selection of alcoholic and non-alcoholic beverages are served right to your cabana. Whether you're here for a day of sunbathing or simply to unwind, every detail is taken care of for your perfect seaside escape.”

◆ 24-Hour Room Service: Indulge in the comfort of your room with our around-the-clock room service, offering an exquisite menu that caters to your every craving, any time of day or night.

◆ Spa & Wellness: Indulge in ultimate relaxation at our Spa Centre, offering a range of rejuvenating treatments including personalized beauty care, skin and body care, luxurious facial treatments, and an array of soothing massages and hydro therapies. Choose from a selection of special treatments designed to restore your inner balance and well-being.

◆ Land Sports: Perfect your game on our **tennis courts**, fully equipped with floodlights for evening play. Private **tennis lessons** are available for those seeking professional guidance to enhance their skills..

◆ Laundry & Dry Cleaning: “Time is the ultimate luxury, and with our fast and efficient service, you'll have more of it. Our same-day turnaround means you can drop off your laundry in the morning and have it back – cleaned and folded – by the evening, leaving you with one less thing to think about.” **No More Post-Holiday Hassle:** “Don't let laundry be a worry when you return home. Imagine walking through your front door with clean, ready-to-wear clothes instead of a suitcase full of dirty laundry. With our service, the post-holiday hassle of laundry becomes a thing of the past, leaving you with more time to unwind after your trip.”

◆ Hairdresser: Pamper yourself with a visit to our on-site hairdresser, offering a range of professional styling and haircare services to help you look and feel your best.



HONEYMOON PACKAGE

Experience the romance and indulgence of a lifetime with our luxurious **Honeymoon Package**, where every detail is designed to celebrate your love:

- ◆ Be greeted in your room with a decadent combination of **sparkling wine**
- ◆ Indulge in the ultimate in-room relaxation with **breakfast served in the comfort of your suite** (available once during your stay in Junior Suite rooms).
- ◆ Pamper yourselves with a **20% discount at our world-class SPA**, where rejuvenation and tranquility await.
- ◆ Elevate your experience with a **20% discount for a private Cabana**, complete with champagne, fresh fruit, and cocktails—perfect for intimate moments by the water.
- ◆ Savor an unforgettable **romantic dinner** at one of our exquisite A La Carte Restaurants, where each dish is crafted to perfection for a memorable dining experience.

Please note: A valid marriage license from within the last 6 months is required.

BIRTHDAY PACKAGE

Celebrate in style with our lavish **Birthday Package**, designed to turn your special day into an extraordinary occasion:

- ◆ Enjoy an exquisite **birthday cake and sparkling wine** served during a luxurious dinner, ensuring an unforgettable celebration.
- ◆ Treat yourself to a rejuvenating escape with a **20% discount at our luxurious SPA**, where every treatment is designed for ultimate relaxation.
- ◆ For our younger guests, we offer a joyful **birthday cake and special celebration** at the Buddy Kids Club, ensuring a magical experience filled with fun and laughter.

Must be requested with a valid passport at check-in.



ADDED VALUES FOR SPECIAL ROOM TYPES

Villas, Executive, Executive Deluxe & Family Suites

- ◆ **Early Check-In:** Enjoy the convenience of early check-in, available upon request and subject to a fee and availability.
- ◆ **Late Check-Out:** Extend your stay a little longer with late check-out, offered at a 50% discount, depending on availability.
- ◆ **Private Check-In:** Experience the comfort of a seamless and personalized private check-in upon arrival.
- ◆ **Welcome Set-Up:** Be greeted with a thoughtful welcome set-up in your room, designed to ensure a warm and luxurious start to your stay.
- ◆ **Bathrobes & Slippers:** Relax in comfort with complimentary bathrobes and slippers provided in your suite.
- ◆ **Priority Reservations:** As a valued guest, enjoy priority reservations at our exclusive A'La Carte Restaurants, ensuring you experience the finest dining during your stay.
- ◆ **Mini Bar:** Replenished daily with water, soft drinks, beer and wine so you're always refreshed.

Room Types & Specifications

ROOM TYPE	STANDART ROOM	STANDARD SIDE SEA VIEW ROOM	GARDEN FAMILY	JUNIOR SUITE	JUNIOR SUITE SEA VIEW	FAMILY SUITE	VILLA DUBLEX	EXECUTIVE DELUXE SUITE	EXECUTIVE FAMILY SUITE	EXECUTIVE SUITE	EXECUTIVE STANDART ROOM
Number of Rooms	148	40	80	26	12	18	14	2	2	2	2
Capacity	Min: 1 - Max: 2+2	Min: 1 - Max: 2+2	Min: 2 - Max: 4	Min: 1 - Max: 2	Min: 1 - Max: 2	Min: 2 - Max: 4	Min: 2 - Max: 4+1	Min: 2 - Max: 2+2	Min: 2 - Max: 3+1	Min: 2 - Max: 4+1	Min: 1 - Max: 2+2
Width	39sqm	39sqm	45sqm	48sqm	48sqm	75sqm	100sqm	75sqm	75sqm	98sqm	39sqm
View	Mountain View	Side Sea View	Garden View	Garden or Mountain View	Sea View	Land View or Garden View	Garden View	Sea View	Land View	Mountain View	Garden or Mountain View
Room plan	1 Bedroom w/ seating area	1 Bedroom w/ seating area	1 Bedroom w/ seating area	1 Bedroom w/ seating area	1 Bedroom w/ seating area	1 Bedroom w/ seating area	2 Bedroom w/ seating area	1 Bedroom w/ seating area	1 Bedroom w/ seating area	2 Bedroom w/ seating area	1 Bedroom w/ seating area
Living Room			1			1	1	1	1	1	
Bed Type	Twin & French	Twin & French	Twin & French	French	French	French	Twin & French	French	French	French	French
Balcony or Terrace	B or T	B	B	B or T	B & T	B	B	B	B	B & T	B
Walk-in Shower	√	√	√	√	√	√	√	√	√		
Bath & Shower				√	√	√		√	√	2√	√
WC	1	1	1	1	1	2	2	2	2	2	1
Safe	√	√	√	√	√	√	√	√	√	√	√
Telephone	√	√	√	√	√	√	√	√	√	√	√
Seating Area	√	√	√	√	√	√	√	√	√	√	√
Minibar	Replenished daily with soft drinks and water			Replenished daily with soft drinks, water and beer / wine							
Tea/Coffee Facilities	√	√	√	√	√	√	√	√	√	√	√
Water Boiler	√	√	√	√	√	√	√	√	√	√	√
Flat TV - Satellite	2√	2√	2√	1√	1√	2√	3√	2√	2√	3√	1√
Surface	Laminate	Laminate	Traverten	Laminate	Laminate	Laminate	Traverten	Carpet	Carpet	Carpet	Carpet
Wi-fi	√	√	√	√	√	√	√	√	√	√	√
Airconditioning	Central	Central	Split	Central	Central	Central	Split	Central	Central	Central	Central
Hairdryer	√	√	√	√	√	√	√	√	√	√	√
Slippers			√	√	√	√	√	√	√	√	√
Bathrobe			√	√	√	√	√	√	√	√	√
Kitchen							√				

Accessible Room: 4 Standart Room available on request.

Room Door: 90 cm wide, 210 cm high - Bathroom Door: 87 cm wide, 210 cm high - Balcony Door: 74 cm wide, 210 cm high.
Connecting Door: 92 cm wide, 210 cm high - Lift: 110 cm wide, 210 cm high



MEETING ROOMS & FACILITIES & EQUIPMENTS

MEETING ROOMS	Area (m²)	Height (m)	Theatre	Banquet	Classroom
Ballroom	770	4,26	800	600	450
Ballroom 4	414	4,26	300	200	230
Ballroom 2	181	4,26	120	80	60
Ballroom 3	181	4,26	120	80	60
Ballroom 2 & 3	360	4,26	250	160	130
Foresta Club	529	5,64	300	200	150
Boardroom	56	4,26	40	28	30
Olympos	112	2,40	80	40	48
Thermessos	112	2,40	80	40	48
Olympos 1	56	2,40	40	20	24
Thermessos 1	56	2,40	40	20	24
Olympos 2	56	2,40	40	20	24
Thermessos 2	56	2,40	40	20	24
Aspendos	47	4,20	50	32	24
Perge	60	4,20	75	40	32
Selge	41	4,20	42	24	20

- ◆ Technical equipment provided upon request
- ◆ Complimentary WIFI in all areas
- ◆ A/C system available

Our operation, such as meals and services, are adjusted according to the international and local rules and guidelines. Changes to hotel information, facilities, activities and services can occur for a variety of reasons. Balmy Hotels reserves the right to make changes without prior notice.

NOTES:

1. **Hygiene Protocols:** In accordance with the COVID-19 circular, hygiene rules are followed throughout all facilities.
2. **Check-In/Check-Out:** Check-in is after 14:00 and check-out is before 12:00. Early check-in between 06:00 and 14:00 is subject to a 50% fee, depending on room availability. Arrivals before 00:00 are charged a full day room rate.
3. **Tobacco Use:** In compliance with Law No. 4207, the use of tobacco products, vaping, and hookahs is prohibited in enclosed areas.
4. **Outdoor Services:** Operating hours and service locations of outdoor units (restaurants, bars) and entertainment programs may change or be canceled due to weather conditions.
5. **Information Publication:** Hotel management approval is required before publishing hotel information in any media (catalogs, magazines, advertisements, etc.). The hotel is not responsible for unauthorized or incorrect publications.
6. **Management Rights:** Hotel management reserves the right to change or cancel any facility information without notice.
7. **Pets:** Pets are not accepted.
8. **Concept Changes:** BALMY Hotels reserves the right to modify the concept without notifying third parties or institutions.
9. **Beach Accessibility:** The beach may be closed or its opening delayed in April due to unforeseen weather conditions.
10. **Drone Use:** Drone usage is prohibited by local law.
11. **Prohibited Items:** The use of skateboards, skates, scooters, hoverboards or anything on wheels is not allowed in the hotel area

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